

A word from the President

Do you remember all that stuff that I said last month about being second in the interclubs and how we had some work to do to get to where we should be? Well, we did it. We showed the strength and depth of our club by winning the club competition at the Australian Masters Games convincingly and more recently at the State Cup. I feel that all the hard work that is being put in under the tutelage of Graeme has paid off but we mustn't rest on our laurels. There are plenty of events in the future and I ask you all to consider entering. It doesn't matter if you are first or last, the whole point is to turn up and have a good time. Everyone scores at least one point and everyone comes away with a smile on their face!

The open water season is almost upon us and that means it's time to plan your towel campaign, for those that don't know, branch will award you a towel if you complete all of the open water swims. I would love to be sitting at the Branch Dinner next year and see an endless parade of Adelaide Masters collecting towels.

Coaches Corner

It's great to be back at Burnside Pool and working hard for our summer season of open water and pool competitions. I do however have a favour to ask, please could you be on Poolside at about 6:20 so that we can all start on time. This will greatly enhance the flow of the session and ensure that you extract the maximum benefit from your pool time.

I was very happy with the Australian Masters Games Results and must mention our relay teams who netted an amazing 24 gold and 9 Silver medals. This was a great team effort.

I must give a special mention to Stephanie Palmer who added two Australian Records, one in the 400m Im and the other in the 400m Freestyle, to her swimming CV. I must also congratulate Mark Smedley for his South Australian Record.



Individual Medals

	Gold	Silver	Bronze
Stephanie Palmer	7		
Mark Smedley	6		
Sharon Beaver	5	1	
Erin Brown	4	1	
Emily Goldie	2	3	
Deborah Winslet	2	1	1
Scott Goldie	2	1	
Julie Bowman	2		
Rebecca Muller	1	1	1
Lee O;Connell	1	1	1
Kesic Bosilka	1	2	2
Pam Gunn		3	
James Edwards			2
Russell Anderson		1	1
Total	33	14	11

Relay

Relay Total	24	9	
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State Cup

We won! What more do you need to know? We will be picking up the spoils of the victory and envious looks from the rest of the Adelaide swimmers at the branch dinner.

Sausage Sizzle

A few hardy members manned the Bunnings Bar-B-Que to feed hungry DIYers in order to raise vital funds for the club. The reward for putting the onions under the sausage (it's Health and Safety gone mad I tell you) was that the club coffers swelled to the tune of \$750. A big thanks goes to everyone who manned the stall.

We will be running another sausage sizzle on 22nd December, save the date in your diary and join us behind the bar-b-que feeding people buying last minute Christmas presents at Bunnings. It's good fun, helps the club and is a chance to see your club mates wearing something other than bathers.

Branch Dinner

Will you be at the Branch Dinner? We are hoping that Adelaide Masters will be well represented so that we can rejoice in collecting the prize for coming second in the interclub series and show that Adelaide Masters is once again becoming a force to be reckoned with.



MAD HATTERS
Masters Swimming South Australia
Branch Presentation Dinner 2019

Saturday 30th November 2019
6:30pm for pre drinks. 7pm Start

The Glenelg Golf Club
James Melrose Road, Novar Gardens

Choice of 2 entrees, choice of 2 mains, choice of 2 desserts, coffee and chocolates.

Special dietary requirements catered for. Please notify when booking.

Cost	Entertainment	Dress Code
\$70.00 per person	Guest Speaker	Cocktail/Semi formal
	Music and Dancing	FANCY HAT !!!!!

Bookings close 16th November 2019 – to be made via the MSSA Website. (just like when you enter your swims)

Enquiries- Please address all enquiries and dietary requirements to the MSSA administrator/ mssasecretary@adam.com.au

Dates for your diary

November

Sunday 3rd Bunnings Sausage Sizzle, Kent Town

Your help is needed to raise funds for the club to help us continue doing what we are doing. See Howard at poolside to book you time with the sausages

Sunday 17th Short Course Long Distance

Do you fancy spending a little longer in the pool when you are at a swimming event? Do you find the normal distances a little too short? Then this is the event for you. [Enter Here](#)

Saturday 30th 6:30 pm: Branch Dinner

Tickets available from the [Branch Website](#)

Friday 29th Last Friday of the month Drinks at the Feathers

Join us for a meeting of the social strategy group to convene a general meeting to discuss and decide on which menu item is superior

December

Sunday 1st Seacliff Swim

The open water season opener and the start of the towel campaign.

Sunday 22nd Sausage Sizzle at Bunnings Kent town

Do you know which side your onions should be? Then come along and help us feed the general public as they buy those last-minute presents for the DIY fanatic in their lives. Howard will be taking names and allocating times, see him before he sees you!

Saturday 28th The Proclamation Day classic

The second round of the towel campaign, Come and swim in the open water or help out with the event (or even both). [Enter Here](#)

Tuesday 31st Don't forget to renew your membership

Memberships are due on 1st Jan 2020, make sure that you have joined so that you get all the benefits of swimming with Adelaide Masters

January

Sunday 5th Pub to Pub

The third event in the towel campaign, A lovely swim from Seacliff Hotel to the Brighton Hotel. With the traditional gathering in the Brighton Hotel for prize giving, eating and drinking.

Sunday 12th State Open Water Championship, West Beach

The fourth event for towel hunters. This time at West Beach and with the title of State champion at stake!

Sunday 26th The Jetty to Jetty

If you only intend to do one open water swim this year THIS IS THE ONE. Adelaide Masters Nearly always win the team cup and we don't want this year to be any different.

February

Sunday 16th Henley Beach Swim

The sixth event for towel hunters



ADELAIDE MASTERS

SWIMMING CLUB INC

March

Monday 9th Noarlunga Reef Swim

Sunday 14th Port Elliot Swim

For up to the minute news and last-minute changes



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